

Randolph ROCKS! 5k  
 Randolph, New Jersey  
 06/14/2014  
 www.eliteracingsystems.com

\*\*\*\*\* Top Male Resident Award 5K \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace |
|-------|-----|----------------|---|-----|----------|----|-------|------|
| 1     | 189 | Seamus Higgins | M | 18  | Randolph | NJ | 17:13 | 5:33 |
| 2     | 553 | Aaron Kumack   | M | 19  | Randolph | NJ | 18:31 | 5:58 |
| 3     | 100 | Luke Dewlow    | M | 17  | Randolph | NJ | 18:37 | 6:00 |

\*\*\*\*\* Top Female Resident Award 5K \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace |
|-------|-----|----------------|---|-----|----------|----|-------|------|
| 1     | 195 | Amanda Houston | F | 11  | Randolph | NJ | 21:38 | 6:58 |
| 2     | 50  | Carol Braun    | F | 47  | Randolph | NJ | 23:04 | 7:26 |
| 3     | 226 | Lauren Kolesa  | F | 46  | Randolph | NJ | 23:24 | 7:32 |

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\*\*\*\*\* Top Male Teacher/Staff Award 5K \*\*\*\*\*

| Place | Bib | Name          | S | Age | City    | St | Clock | Pace |
|-------|-----|---------------|---|-----|---------|----|-------|------|
| 1     | 596 | Nick Albanito | M | 34  | Wharton | NJ | 17:30 | 5:38 |

\*\*\*\*\* Top Female Teacher/Staff Award 5K \*\*\*\*\*

| Place | Bib | Name           | S | Age | City       | St | Clock | Pace |
|-------|-----|----------------|---|-----|------------|----|-------|------|
| 1     | 341 | Keri O'Donnell | F | 24  | Morristown | NJ | 23:17 | 7:30 |

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\*\*\*\*\* 5K RUNNERS AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL 5K RUN RESULTS \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace |
|-------|-----|----------------|---|-----|----------|----|-------|------|
| 1     | 254 | Abby Loveys    | F | 13  | Mendham  | NJ | 20:31 | 6:37 |
| 2     | 195 | Amanda Houston | F | 11  | Randolph | NJ | 21:38 | 6:58 |
| 3     | 50  | Carol Braun    | F | 47  | Randolph | NJ | 23:04 | 7:26 |

\*\*\*\*\* MALE OVERALL 5K RUN RESULTS \*\*\*\*\*

| Place | Bib | Name | S | Age | City | St | Clock | Pace |
|-------|-----|------|---|-----|------|----|-------|------|
|-------|-----|------|---|-----|------|----|-------|------|

|   |     |                |   |    |          |    |       |      |
|---|-----|----------------|---|----|----------|----|-------|------|
| 1 | 189 | Seamus Higgins | M | 18 | Randolph | NJ | 17:13 | 5:33 |
| 2 | 596 | Nick Albanito  | M | 34 | Wharton  | NJ | 17:30 | 5:38 |
| 3 | 553 | Aaron Kumack   | M | 19 | Randolph | NJ | 18:31 | 5:58 |

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\*\*\*\*\* 5K AGE GROUP RUN RESULTS \*\*\*\*\*

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 1 - 09 \*\*\*\*\*

| Place | Bib | Name                | S | Age | City     | St | Clock | Pace  |
|-------|-----|---------------------|---|-----|----------|----|-------|-------|
| 1     | 152 | Alyssa Gaudioso     | F | 8   | Randolph | NJ | 27:05 | 8:43  |
| 2     | 402 | ? Pudell-Spatscheck | F | 9   | Randolph | NJ | 27:09 | 8:45  |
| 3     | 397 | Katie Powers        | F | 9   | Randolph | NJ | 28:06 | 9:03  |
| 4     | 335 | Julia Nitulescu     | F | 9   | Randolph | NJ | 29:25 | 9:29  |
| 5     | 469 | Jordyn Teixeira     | F | 9   | Randolph | NJ | 32:15 | 10:23 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 1 - 09 \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace |
|-------|-----|----------------|---|-----|----------|----|-------|------|
| 1     | 526 | Connor Wysocki | M | 8   | Randolph | NJ | 23:47 | 7:40 |
| 2     | 351 | Colin O'Meara  | M | 8   | Randolph | NJ | 23:55 | 7:42 |
| 3     | 188 | Devon Higgins  | M | 8   | Randolph | NJ | 26:09 | 8:25 |
| 4     | 131 | Aidan Fisher   | M | 8   | Randolph | NJ | 26:50 | 8:39 |
| 5     | 308 | Jake Miller    | M | 8   | Randolph | NJ | 27:16 | 8:47 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 10 - 12 \*\*\*\*\*

| Place | Bib | Name              | S | Age | City     | St | Clock | Pace |
|-------|-----|-------------------|---|-----|----------|----|-------|------|
| 1     | 350 | Kaley O'Meara     | F | 10  | Randolph | NJ | 23:35 | 7:36 |
| 2     | 515 | Maya Wilkins      | F | 10  | Randolph | NJ | 23:35 | 7:36 |
| 3     | 19  | Kaitlyn Attinello | F | 12  | Randolph | NJ | 24:52 | 8:00 |
| 4     | 225 | Sophia Kolesa     | F | 11  | Randolph | NJ | 27:02 | 8:42 |
| 5     | 22  | Gianna Baorto     | F | 10  | Randolph | NJ | 27:04 | 8:43 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 10 - 12 \*\*\*\*\*

| Place | Bib | Name              | S | Age | City     | St | Clock | Pace |
|-------|-----|-------------------|---|-----|----------|----|-------|------|
| 1     | 437 | Thomas Shetzline  | M | 10  | Randolph | NJ | 20:43 | 6:40 |
| 2     | 395 | Jack Powers       | M | 12  | Randolph | NJ | 21:07 | 6:48 |
| 3     | 182 | Lars Heidenfelder | M | 11  | Randolph | NJ | 22:10 | 7:09 |
| 4     | 616 | Liam Casseus      | M | 11  | Randolph | NJ | 23:03 | 7:25 |
| 5     | 416 | Griffin Rohr      | M | 12  | Randolph | NJ | 23:58 | 7:43 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 13 - 15 \*\*\*\*\*

| Place | Bib | Name             | S | Age | City     | St | Clock | Pace |
|-------|-----|------------------|---|-----|----------|----|-------|------|
| 1     | 348 | Molly O'Meara    | F | 15  | Randolph | NJ | 23:34 | 7:35 |
| 2     | 304 | Jordyn Michaels  | F | 15  | Randolph | NJ | 23:45 | 7:39 |
| 3     | 144 | Madeline Frankel | F | 15  | Randolph | NJ | 24:38 | 7:56 |
| 4     | 200 | Emily Inledon    | F | 15  | Mendham  | NJ | 26:19 | 8:28 |
| 5     | 198 | Cassie Inledon   | F | 15  | Mendham  | NJ | 27:03 | 8:43 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 13 - 15 \*\*\*\*\*

| Place | Bib | Name            | S | Age | City     | St | Clock | Pace |
|-------|-----|-----------------|---|-----|----------|----|-------|------|
| 1     | 126 | Gerard Ferrante | M | 15  | Randolph | NJ | 20:51 | 6:43 |
| 2     | 204 | Russell Ji      | M | 14  | Randolph | NJ | 21:13 | 6:50 |
| 3     | 209 | William Karaces | M | 13  | Randolph | NJ | 21:36 | 6:58 |

|   |    |               |   |    |          |    |       |      |
|---|----|---------------|---|----|----------|----|-------|------|
| 4 | 73 | Kevin Charles | M | 13 | Randolph | NJ | 22:18 | 7:11 |
| 5 | 32 | Ryan Berg     | M | 15 | Randolph | NJ | 22:33 | 7:16 |

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\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 16 - 19 \*\*\*\*\*

| Place | Bib | Name             | S | Age | City     | St | Clock | Pace |
|-------|-----|------------------|---|-----|----------|----|-------|------|
| 1     | 51  | Isabel Braun     | F | 16  | Randolph | NJ | 25:03 | 8:04 |
| 2     | 655 | Samantha Gold    | F | 18  | Randolph | NJ | 25:33 | 8:14 |
| 3     | 210 | Karly Katchen    | F | 18  | Randolph | NJ | 25:43 | 8:17 |
| 4     | 338 | Jennifer Novotny | F | 16  | Randolph | NJ | 28:43 | 9:15 |
| 5     | 405 | Brianne Rachmiel | F | 18  | Randolph | NJ | 29:00 | 9:20 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 16 - 19 \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace |
|-------|-----|----------------|---|-----|----------|----|-------|------|
| 1     | 100 | Luke Dewlow    | M | 17  | Randolph | NJ | 18:37 | 6:00 |
| 2     | 70  | Steven Cassano | M | 16  | Randolph | NJ | 19:27 | 6:16 |
| 3     | 554 | Samuel Rumack  | M | 17  | Randolph | NJ | 19:45 | 6:22 |
| 4     | 71  | Matt Cattano   | M | 19  | Randolph | NJ | 19:59 | 6:26 |
| 5     | 278 | Connor Manning | M | 19  | Randolph | NJ | 20:03 | 6:27 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 20 - 29 \*\*\*\*\*

| Place | Bib | Name              | S | Age | City       | St | Clock | Pace |
|-------|-----|-------------------|---|-----|------------|----|-------|------|
| 1     | 341 | Keri O'Donnell    | F | 24  | Morristown | NJ | 23:17 | 7:30 |
| 2     | 560 | Jacquelyn Sobotka | F | 29  | Randolph   | NJ | 25:40 | 8:16 |
| 3     | 18  | Ashley Attinello  | F | 21  | Randolph   | NJ | 26:47 | 8:37 |
| 4     | 492 | Alexandra Tyska   | F | 28  | Randolph   | NJ | 27:30 | 8:51 |
| 5     | 160 | Aylin Gezgin      | F | 29  | Montclair  |    | 27:46 | 8:57 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 20 - 29 \*\*\*\*\*

| Place | Bib | Name              | S | Age | City         | St | Clock | Pace |
|-------|-----|-------------------|---|-----|--------------|----|-------|------|
| 1     | 573 | Timothy Patterson | M | 26  | Towaco       | NJ | 19:31 | 6:17 |
| 2     | 585 | Andrew Vasta      | M | 27  | Madison      | NJ | 19:53 | 6:24 |
| 3     | 605 | Pj Catizone       | M | 26  | Randolph     | NJ | 22:35 | 7:16 |
| 4     | 314 | Steven Minarick   | M | 29  | Randolph     | NJ | 22:36 | 7:17 |
| 5     | 164 | Kyle Giuliana     | M | 25  | Lincoln Park | NJ | 23:18 | 7:30 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 30 - 39 \*\*\*\*\*

| Place | Bib | Name             | S | Age | City        | St | Clock | Pace |
|-------|-----|------------------|---|-----|-------------|----|-------|------|
| 1     | 161 | Katy Gipstein    | F | 39  | Randolph    | NJ | 23:41 | 7:38 |
| 2     | 127 | Jennifer Ferraro | F | 37  | Dover       | NJ | 23:47 | 7:40 |
| 3     | 358 | Jennifer Pasuit  | F | 39  | Randolph    | NJ | 24:02 | 7:45 |
| 4     | 150 | Jamie Fugowski   | F | 32  | Cedar Grove | NJ | 24:28 | 7:53 |
| 5     | 120 | Jennifer Emdur   | F | 39  | Randolph    | NJ | 24:44 | 7:58 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 30 - 39 \*\*\*\*\*

| Place | Bib | Name           | S | Age | City          | St | Clock | Pace |
|-------|-----|----------------|---|-----|---------------|----|-------|------|
| 1     | 551 | Kyle Wright    | M | 38  | Randolph      | NJ | 21:49 | 7:02 |
| 2     | 571 | Matt Ryan      | M | 31  | Hopatcong     | NJ | 23:14 | 7:29 |
| 3     | 371 | Garrad Perry   | M | 33  | West New York | NJ | 23:16 | 7:30 |
| 4     | 502 | Bryan Waagner  | M | 37  | Dover         | NJ | 23:38 | 7:37 |
| 5     | 527 | Thomas Wysocki | M | 36  | Randolph      | NJ | 23:54 | 7:42 |

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\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 40 - 49 \*\*\*\*\*

| Place | Bib | Name              | S | Age | City     | St | Clock | Pace |
|-------|-----|-------------------|---|-----|----------|----|-------|------|
| 1     | 226 | Lauren Kolesa     | F | 46  | Randolph | NJ | 23:24 | 7:32 |
| 2     | 421 | Lauren Saltus     | F | 40  | Randolph | NJ | 24:09 | 7:47 |
| 3     | 17  | Alyson Attinello  | F | 48  | Randolph | NJ | 24:59 | 8:03 |
| 4     | 565 | Kristin Patton    | F | 44  | Mendham  | NJ | 27:10 | 8:45 |
| 5     | 441 | Courtney Spellman | F | 46  | Randolph | NJ | 27:39 | 8:54 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 40 - 49 \*\*\*\*\*

| Place | Bib | Name                | S | Age | City     | St | Clock | Pace |
|-------|-----|---------------------|---|-----|----------|----|-------|------|
| 1     | 183 | Thomas Heidenfelder | M | 44  | Randolph | NJ | 20:01 | 6:27 |
| 2     | 211 | Basil Kayal         | M | 43  | Randolph | NJ | 20:39 | 6:39 |
| 3     | 516 | Scott Wilkins       | M | 41  | Randolph | NJ | 20:40 | 6:39 |
| 4     | 617 | Matthew Casseus     | M | 44  | Randolph | NJ | 21:01 | 6:46 |
| 5     | 575 | Barry Goldschmidt   | M | 44  | Randolph | NJ | 21:33 | 6:57 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 50 - 59 \*\*\*\*\*

| Place | Bib | Name            | S | Age | City     | St | Clock | Pace |
|-------|-----|-----------------|---|-----|----------|----|-------|------|
| 1     | 604 | Hanju Wang      | F | 50  | Randolph | NJ | 23:26 | 7:33 |
| 2     | 227 | Betsy Kortebein | F | 52  | Randolph | NJ | 23:39 | 7:37 |
| 3     | 332 | Diane Naughton  | F | 51  | Mendham  |    | 23:46 | 7:39 |
| 4     | 423 | Jane Savino     | F | 50  | Randolph | NJ | 25:25 | 8:11 |
| 5     | 20  | Karen Bailey    | F | 55  | Denville |    | 25:36 | 8:15 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 50 - 59 \*\*\*\*\*

| Place | Bib | Name            | S | Age | City     | St | Clock | Pace |
|-------|-----|-----------------|---|-----|----------|----|-------|------|
| 1     | 505 | Mark Washburne  | M | 58  | Mendham  |    | 21:40 | 6:59 |
| 2     | 606 | Pete Catizone   | M | 51  | Randolph | NJ | 22:42 | 7:19 |
| 3     | 464 | Rob Tallman     | M | 52  | Randolph | NJ | 24:25 | 7:52 |
| 4     | 295 | James McCormick | M | 53  | Randolph | NJ | 24:33 | 7:54 |
| 5     | 299 | Neil McNulty    | M | 51  | Randolph | NJ | 25:04 | 8:04 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 60 - 69 \*\*\*\*\*

| Place | Bib | Name            | S | Age | City       | St | Clock | Pace  |
|-------|-----|-----------------|---|-----|------------|----|-------|-------|
| 1     | 293 | Diane McCormack | F | 61  | Morristown |    | 53:26 | 17:12 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 60 - 69 \*\*\*\*\*

| Place | Bib | Name             | S | Age | City     | St | Clock | Pace  |
|-------|-----|------------------|---|-----|----------|----|-------|-------|
| 1     | 570 | Tom Grunert      | M | 62  | Randolph | NJ | 24:30 | 7:54  |
| 2     | 49  | Paul Brangs      | M | 69  | Randolph | NJ | 24:36 | 7:55  |
| 3     | 451 | Tom Sterk        | M | 60  | Randolph | NJ | 28:04 | 9:02  |
| 4     | 353 | Patrick Palmieri | M | 67  | Randolph | NJ | 31:37 | 10:11 |
| 5     | 289 | Robert McCormack | M | 60  | Randolph | NJ | 33:26 | 10:46 |

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 70 - 99 \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace  |
|-------|-----|----------------|---|-----|----------|----|-------|-------|
| 1     | 518 | Kathy Williams | F | 70  | Randolph | NJ | 53:53 | 17:21 |
| 2     | 352 | Sophie Owens   | F | 77  | Randolph | NJ | 59:06 | 19:02 |

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\*\*\*\*\* MALE 5K RUN AGE GROUP: 70 - 99 \*\*\*\*\*

| Place | Bib | Name          | S | Age | City     | St | Clock | Pace  |
|-------|-----|---------------|---|-----|----------|----|-------|-------|
| 1     | 626 | Carroll Oliva | M | 79  | Randolph | NJ | 46:44 | 15:03 |

2 591 Gerald Issokson M 71 West Yarmouth MA 50:48 16:21

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 0 - 0 \*\*\*\*\*

| Place | Bib | Name             | S | Age | City     | St | Clock | Pace  |
|-------|-----|------------------|---|-----|----------|----|-------|-------|
| 1     | 39  | Catie Bierals    | F | 0   | Mendham  |    | 25:57 | 8:21  |
| 2     | 38  | Beth Bierals     | F | 0   | Mendham  |    | 26:38 | 8:35  |
| 3     | 327 | Alamu Murugappan | F | 0   | Randolph | NJ | 36:59 | 11:55 |
| 4     | 40  | Kelly Bierals    | F | 0   | Mendham  |    | 37:39 | 12:08 |
| 5     | 493 | Fran Vanderhoof  | F | 0   | Randolph | NJ | 47:06 | 15:10 |

\*\*\*\*\* MALE 5K RUN AGE GROUP: 0 - 0 \*\*\*\*\*

| Place | Bib | Name           | S | Age | City     | St | Clock | Pace  |
|-------|-----|----------------|---|-----|----------|----|-------|-------|
| 1     | 41  | Sean Bierals   | M | 0   | Mendham  |    | 37:29 | 12:04 |
| 2     | 326 | P Murugappan   | M | 0   | Randolph | NJ | 41:08 | 13:15 |
| 3     | 67  | Chase Carrella | M | 0   | Randolph | NJ | 44:23 | 14:17 |
| 4     | 68  | Tony Carrella  | M | 0   | Randolph | NJ | 44:40 | 14:23 |
| 5     | 65  | Drake Carrella | M | 0   | Randolph | NJ | 49:01 | 15:47 |

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